

My philosophy as a coach is to have players outside, enjoying exercise, in a friendly environment. I model encouraging behavior that supports better teamwork and fosters team culture that empowers athletes at every level. Each player has their own goal, and as a coach, I strive to help and support my players to pursue their goals to the best of my ability. Supporting players extends to off the field as well. I treat sports in a holistic approach; not only do players develop athletically, but I incorporate opportunities for growth in life skills and leadership.